

PROPRIETARY NAME AND DOSAGE FORM:

KIDS IMMUNE SYRUP (200ml)

Flavours: Orange, Strawberry, Blueberry Vanilla

DISCLAIMER: This medicine has not been evaluated by SAHPRA for its quality, safety or intended use. This medicine is not intended to diagnose, treat, cure, or prevent any disease.

SCHEDULING STATUS: Unscheduled

EACH BOTTLE CONTAINS:

Ingredients	Per 100 ml	Per 5 ml:	% NRV
Vitamin D (as Cholecalciferol)	100 mcg 4000 IU	5,0 mcg 200 IU	33
Vitamin C (as L-Ascorbic Acid)	666,7 mg	33,3 mg	33
Zinc (as Oxide)	100,0 mg	5,0 mg	45
Contains polyols: Sorbitol	66,7 ml	3,3 ml	

South African Nutrient reference values for individuals 4 years and older

Other ingredients: Purified water, citric acid monohydrate (acidity regulator), flavouring, sodium chloride, sodium benzoate (preservative) and carboxymethyl cellulose (stabiliser)

PHARMACOLOGICAL CLASSIFICATION:

34.13 Category D (Health Supplement) [S0]

PHARMACOLOGICAL ACTION: Health supplement.

INDICATIONS: Indicated as a supplement where poor dietary intake of the listed active ingredients exist.

CONTRA-INDICATIONS:

- Hypersensitivity to any of the ingredients.

WARNINGS AND SPECIAL PRECAUTIONS:

- Large doses may give rise to digestive discomfort.

INTERACTIONS:

No common interactions with existing conditions at recommended dose. Medications that could have interactions with this syrup are:

- Blood Thinners: These may interact with blood-thinning medications like Warfarin or specific antiplatelet drugs.
- Certain Antibiotics: There could be interactions with antibiotics like Ciprofloxacin or Doxycycline.

DOSAGE AND DIRECTIONS FOR USE:

The recommended usage is:

Children:

Age 1 – 3 Years 5 ml or 1 teaspoon daily

Age 4 - 5 Years 10 ml or 2 teaspoons daily

Age 6 - 12 Years 15 ml or 3 teaspoons daily

Do not exceed the recommended dose. This product should not be used as a substitute for a balanced diet.

SIDE EFFECTS AND SPECIAL PRECAUTIONS:

This supplement should be used with caution in individuals with the following medical conditions:

- Allergies: Individuals with known allergies to any of the ingredients should avoid this syrup.
- Digestive Upset: Excessive consumption may lead to digestive discomfort. Stick to the recommended dosage.
- Iron Absorption: High doses of zinc could potentially interfere with iron absorption. If you have an iron deficiency, consult a healthcare provider.
- Immune Disorders: If you have an autoimmune disease, consult with a healthcare professional before taking supplements that boost the immune system.
- Vitamin D: Should not be administered to patients with hypercalcaemia. and be given with caution to infants as they may have increased sensitivity to its effects. The effects of Vitamin D may be reduced in patients taking barbiturates or anticonvulsants.

KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT:

In case of an accidental overdose, discontinue use and seek medical professional assistance immediately. Treatment is symptomatic and supportive.

Symptoms overdose may include:

excessive gas, bloating, diarrhoea, or stomach discomfort.

IDENTIFICATION:

Liquid flavoured syrup

PRESENTATION:

Packaged in a printed box with an orange design and child-friendly graphic. The 200ml bottle features a detailed label, tamperproof cap, and contains a flavoured syrup.

STORAGE INSTRUCTIONS:

Store in a cool, dry place below 25 °C. Do not leave container open.

KEEP OUT OF REACH OF CHILDREN.

REGISTRATION NUMBER:

To be allocated.

NAME AND BUSINESS ADDRESS OF THE HOLDER OF THE CERTIFICATE OF REGISTRATION:

Vitatech

Physical address: Cnr Parkin & Delson Street

North End, Gqeberha, 6001, South Africa.

Tel: 041 816 3100

Email: ask@vitatechhealth.com

Website: www.vitatechhealth.com

DATE OF PUBLICATION OF THE PACKAGE INSERT:

January 2025

vitatech® NAPPI CODE:

Orange- 3002058

Strawberry – 3002687

Vanilla Blueberry- 3002688

Claim it from your medical aid.

HANDELSNAAM EN DOSERINGSVORM:

KIDS IMMUNE SYRUP (200ml)

Flavours: Orange, Strawberry, Blueberry Vanilla

VRYWARING: Hierdie medisyne is nie deur SAHPRA geëvalueer ten opsigte van die kwaliteit, veiligheid of beoogde gebruik daarvan nie. Hierdie medisyne is nie bedoel vir die diagnosering, behandeling, genesing of voorkoming van enige siekte nie.

SKEDULERINGSSTATUS: Ongeskeduleerd

ELKE BOTTEL BEVAT:

	Per 100 g	Per 5 g Porsie	% VWV
Vitamiën D (as Cholecalciferol)	100 mcg 4000 IU	5,0 mcg 200 IU	33
Vitamiën C (as L-Askorbiensuur)	666,7 mg	33,3 mg	33
Sink (as Oksied)	100,0 mg	5,0 mg	45
Bevat poliole: Sorbitol	66,7 ml	3,3 ml	

Suid Afrikaanse Voedings verwysingswaardes vir persone 4 jaar en ouer.

Ander bestanddele: Gesuiwerde water, sitroensuur monohidraat (suurheidsreguleerder), geur,sout, natrium benzoate (preserveermiddel) en karboksimetiel sellulose (stabiliseerder).

FARMAKOLOGIESE KLASSIFIKASIE:

34.13 Kategorie D (Gesondheidsaanvuller) [S0]

FARMAKOLOGIESE WERKING: Gesondheidsaanvuller

INDIKASIES: Aangedui as 'n aanvulling waar swak dieetinname van die genoemde aktiewe bestanddele voorkom.

KONTRA-LNDIKASIES:

- Hipersensitiwiteit vir enige van die bestandele.

WAASKUWINGS EN SPESIALE VOORSORGMAATREËLS:

- Groot dosisse mag lei tot maag-darmongemak.

INTERAKSIES:

Geen bekende interaksies teen die aanbevole dosis. Medisyne wat kan interaksie hê met die stroop is:

- Bloedverduuners: Dit kan interaksies hê met bloedverduunningsmedikasie soos Warfarin of spesifieke antiplatelet medikasie.
- Sekere Antibiotika: Daar kan interaksies wees met antibiotika soos Ciprofloxacin of Doxycycline.

DOSIS EN GEBRUIKSAANWYSINGS:

Die aanbevole gebruik is:

Kinders:

Ouderdom 1 - 3 jaar 5 ml of 1 teelepel daaglik

Ouderdom 4 - 5 jaar 10 ml of 2 teelepel daaglik

Ouderdom 6 - 12 jaar 15 ml of 3 teelepel daaglik

Moenie die aanbevole dosis oorskry nie. Die produk moenie 'n gebalanseerde dieet vervang nie.

MOONTLIKE NEWE-EFFEKTE EN SPESIALE

VOORBERGING:

Hierdie aanvulling moet met versigtigheid gebruik word by individue met die volgende mediese toestande:

- Allergieë: Individue met bekende allergieë vir enige van die bestanddele moet hierdie stroop vermy.
- Spysverteringsongesteldheid: Oormatige gebruik kan lei tot spijsverteringsongemak. Hou aan by die aanbevole dosis.
- Ysterabsorpsie: Hoë dosisse sink kan potensieel interferensie met ysterabsorpsie veroorsaak. As jy 'n ystertekort het, raadpleeg 'n gesondheidsorgverskaffer.
- Immuunversteurings: As jy 'n outo-immuunsiekte het, raadpleeg 'n gesondheidsorg-professioneel voordat jy aanvullings gebruik wat die immuunstelsel stimuleer.
- Vitamiën D: Moet nie aan pasiënte met hiperkalsemie toegedien word nie, en moet met sorg aan babas gegee word, omdat hulle moontlik verhoogde sensitiviteit vir die effekte daarvan mag hê. Die effekte van vitamiën D kan verminder word in pasiënte wat barbiturate of antikonvulsante gebruik.

BEKENDE SIMPTOME VAN OORDOSERING EN BESONDERHEDE VAN DIE BEHANDELING DAARVAN

In geval van 'n toevallige oordosis, staak die gebruik en seek onmiddellik mediese hulp. Behandeling is simptomaties en ondersteunend.

Simptome van 'n oordosis kan insluit:

oormatige gas, opgeblaseheid, diarree of maagongemak.

IDENTIFIKASIE:

Geurde stroop vloeistof

AANBIEDING:

Verpak in n gedrukte boks met 'n oranje en gesinsvriendelike ontwerp. Die 200ml bottel het gedetailleerde aanwysings, Veiligheidsdoppie en bevat geurde stroop.

BERGINGSAAWYYSINGS:

Bêre op 'n koel, droë plek onder 25 °C. Moenie die houer oop laat.

HOU BUITE BEREIK VAN KINDERS

REGISTRASIE NOMMER:

Word ge-allokeer.

NAAM EN BESIGHEIDS ADRES VAN DIE APPLIKANT:

Vitatech

Adress: Cnr Parkin & Delson Street

North End, Gqeberha, 6001, Suid Afrika.

Tel: 041 816 3100

E-pos: ask@vitatechhealth.com

Webwerf: www.vitatechhealth.com

DATUM VAN PUBLIKASIE VAN HIERDIE PASIËNT INLIGTING

PAMFLET:

Januarie 2025

vitatech® NAPPI CODE:

Orange- 3002058

Strawberry – 3002687

Vanilla Blueberry- 3002688

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PROPRIETARY NAME AND DOSAGE FORM:

KIDS IMMUNE SYRUP (200ml)

Orange, Strawberry, Blueberry Vanilla Flavours

DISCLAIMER: This medicine has not been evaluated by SAPHRA. This medicine is not intended to diagnose, treat, cure, or prevent any disease.

Read all this leaflet carefully because it contains important information for you. This medicine is available without a doctor's prescription, for you to use as a vitamin supplement. Nevertheless, you still need to use it carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- You must go see a doctor if you experience worrying symptoms.

SCHEDULING STATUS: Unscheduled

EACH BOTTLE CONTAINS:

Ingredients	Per 100 ml	Per 5 ml:	% NRV
Vitamin D (as Cholecalciferol)	100 mcg 4000 IU	5,0 mcg 200 IU	33
Vitamin C (as L-Ascorbic Acid)	666,7 mg	33,3 mg	33
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Other ingredients: Purified water, citric acid monohydrate (acidity regulator), flavouring, sodium chloride, sodium benzoate (preservative) and carboxymethyl cellulose (stabiliser)

WHAT IS THIS SUPPLEMENT USED FOR:

- Immune System Health: Designed to support a healthy immune system.
- Vitamin C Boost: With Vitamin C (L- Ascorbic Acid), they contribute to enhanced immune function.
- Vitamin D3 for Immunity: Vitamin D3 (Cholecalciferol) plays a crucial role in immune regulation.
- Zinc for Immune Support: Zinc (Zinc Gluconate and Oxide) reinforces the body's immune response.
- Protection: Provide a shield against common illnesses.

BEFORE YOU TAKE THIS SUPPLEMENT:

Do not administer if your child is allergic to any of the ingredients. Take special care when giving children any supplement:

- Do not exceed the daily recommended amount.
- Seek professional advice if suffering from any **allergies**.
- Seek professional advice if **any other medications** are being taken or another medical condition is present.
- If you are taking other supplements, read the label as these supplements may contain the same ingredients.

TAKING/USING OTHER MEDICATION:

There are no known interactions at the recommended dosage for healthy individuals. See "PACKAGE INSERT Interactions."

HOW TO TAKE:

The recommended usage is:

Children:

Age 1 – 3 Years 5 ml or 1 teaspoon daily

Age 4 - 5 Years 10 ml or 2 teaspoons daily

Age 6 - 12 Years 15 ml or 3 teaspoons daily

Do not exceed the recommended dose. This product should not be used as a substitute for a balanced diet.

IF YOU TAKE MORE THAN YOU SHOULD:

In the event of an overdose, consult your doctor or pharmacist immediately. If neither is available, contact that nearest hospital or medical centre. Treatment is symptomatic and supportive.

POSSIBLE SIDE EFFECTS:

These supplements are generally well-tolerated when taken as directed. Symptoms of overdose may include: excessive gas, bloating, diarrhoea, or stomach discomfort. If you experience any unusual or severe side effects, discontinue use, and seek medical attention.

IDENTIFICATION:

Liquid flavoured syrup

PRESENTATION:

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Flavours: Orange, Strawberry, Blueberry Vanilla

VRYWARING: Hierdie medisyne is nie deur SAPHRA geëvalueer nie. Hierdie medisyne is nie bedoel om enige siekte te diagnoseer, behandel, genees of voorkom nie.

Lees alle inligting in die inligtingsblad noukeurig , dit bevat belangrike inligting vir die verbruiker. Die medisyne is beskikbaar sonder 'n dokters voorskrif, vir gebruik as 'n vitamien aanvulling. Nieteenstaande, dit is belangrik dat die produk korrek gebruik moet word om die beste resultate te verkry.

- Moenie die pamflet weggooi nie, dit mag dalk nodig wees om dit weer te lees
- Vra jou apteker indien jy meer inligting of advies nodig het
- Besoek die dokter indien daar kommerwekkende simptome is.

SKEDULERINGSSTATUS: Ongeskeduleerd

ELKE BOTTEL BEVAT:

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Suid Afrikaanse Voedings verwysingswaardes vir persone 4 jaar en ouer.

Ande bestanddele: Gesuiwerde water, sitroensuur monohidraat (suurheidsreguleerder), geur,sout, natrium benzoate (preserveermiddel) en karboksietiel sellulose (stabiliseerder).

WAARVOOR WORD HIERDIE AANVULLING GEBRUIK:

- Imuunstelselgesondheid: Ondersteun 'n gesonde immuunstelsel.
- Vitamiën C-impuls: Met vitamien C (L-askorbiensuur) dra hulle by tot 'n verbeterde immuunfunksie.
- Vitamiën D3 vir immuniteit: Vitamiën D3 (Cholecalciferol) speel 'n kritieke rol in die regulering van immuniteit.
- Sink vir immunesteun: Sink (Sinkglukonaat en Oksied) versterk die liggaam se immuunrespons.
- Beskerming: Bied 'n skild teen algemene siektes.

VOORDAT JY HIERDIE AANVULLING NEEM:

Moenie toedien as jou kind allergies is vir enige van di bestanddele nie.

Wees besonder versigtig wanneer jy enige aanvulling aan kinders gee:

- Moet nie die daaglikse aanbevole hoeveelheid oorskry nie.
- Raadpleeg 'n professionele persoon as jy aan enige **allergieë** ly.

- Raadpleeg 'n professionele persoon as enige **ander medikasie** gebruik word of 'n ander mediese toestand teenwoordig is.
- As jy ander aanvullings gebruik, lees die etiket aangesien hierdie aanvullings dieselfde bestanddele kan bevat.

INTERAKSIES MET ANDER MEDISYNE:

Daar is geen bekende interaksies by die aanbevole dosis vir gesonde individue nie. Verwys na die « VOUBILJET interaksies »

HOE OM DIT TE GEBRUIK:

Die aanbevole gebruik is:

Kinders:

Ouderdom 1 - 3 jaar 5 ml of 1 teelepel daagliks

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Ouderdom 6 - 12 jaar 15 ml of 3 teelepel daagliks

Moenie die aanbevole dosis oorskry nie. Die produk moenie 'n gebalanseerde dieët vervang nie.

AS JY MEER NEEM AS WAT JY MOET:

In geval van 'n oordosis, raadpleeg onmiddellik jou dokter of apteker. As hulle nie beskikbaar is nie, kontak die naaste hospitaal of mediese sentrum. Behandeling is simptome en ondersteunend.

MOONTLIKE NEWE-EFFEKTE:

Hierdie aanvullings word gewoonlik goed verdra as dit soos voorgeskryf geneem word. Simptome van 'n oordosis kan insluit: oormatige gas, opgeblaseheid, diarree of maagongemak.

IDENTIFIKASIE:

Gegeurde stroop vloeistof

AANBIEDING:

Verpak in n gedrukte boks met 'n oranje en gesinsvriendelike ontwerp. Die 200ml bottel het gedetailleerde aanwysings, Veiligheidsdoppie en bevat gekeurde stroop.

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