

PROPRIETARY NAME AND DOSAGE FORM:

CBD
ADULT GUMMIES (60)

DISCLAIMER: This medicine has not been evaluated by SAHPRA for its quality, safety or intended use. This medicine is not intended to diagnose, treat, cure, or prevent any disease.

SCHEDULING STATUS: Unscheduled

COMPOSITION: Each gummy contains:

Ingredients	Elemental value	*NRV
Cannabidiol (CBD) – <i>Cannabis sativa</i> L.	10mg	-
* South African Nutrient reference values for individuals 4 years and older - not established		

Other Ingredients: Glucose syrup, sucrose, purified water, gelatine (bovine), citric acid, flavourant, sodium citrate, colourant. Contains no artificial sweetener. Contains sugar: glucose (1 g), sugar (0.75g)

Gelatine is Halal certified at source.

PHARMACOLOGICAL CLASSIFICATION:

34. 13 Category D (Health Supplement) [S0]

PHARMACOLOGICAL ACTION: Health supplement.

INDICATIONS: Indicated as a supplement where poor dietary intake of the listed active ingredients exist.

CONTRA-INDICATIONS:

- Hypersensitivity to any of the ingredients.

WARNINGS AND SPECIAL PRECAUTIONS:

- Large doses may give rise to digestive discomfort and fatigue.

INTERACTIONS:

No known interactions with existing conditions at recommended dose.

Medicines that might interact with these gummies are:

- Blood Thinners (Anticoagulants): CBD may affect the metabolism of blood-thinning medications like Warfarin, potentially increasing the risk of bleeding.
- Medications that Affect Liver Enzymes: CBD is metabolized in the liver by enzymes that are also responsible for metabolizing many medications. It can affect the levels of these medications in your bloodstream, such as certain antidepressants, antipsychotics, and anti-seizure medications.
- Sedatives or Sleep Aids: Combining CBD with medications that cause drowsiness, such as sedatives or sleep aids, may amplify the sedative effects and cause excessive drowsiness.
- Antidepressants and Anti-Anxiety Medications: CBD may interact with medications used to treat depression and anxiety, potentially increasing or decreasing their effects.

DOSAGE AND DIRECTIONS FOR USE:

The recommended usage is:

Adults: Take 1-2 gummies as needed.

Do not exceed the recommended dose. This product should not be used as a substitute for a balanced diet.

SIDE EFFECTS AND SPECIAL PRECAUTIONS:

This supplement should be used with caution in individuals with the following medical conditions:

- Liver Conditions: May interact with liver-metabolized medications.
- Low Blood Pressure (Hypotension): May further lower blood pressure.
- Gastrointestinal Disorders: May cause or exacerbate digestive issues.
- Allergies: Avoid if allergic to any ingredients.
- Interactions with Medications: May interact with various medications metabolized by the liver.
- Pregnancy and Breastfeeding: Effects on the fetus or newborn are not well understood.
- Psychiatric Disorders: Interaction potential with psychiatric medications.

KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT:

In case of an accidental overdose, discontinue use and seek medical professional assistance immediately. Treatment is symptomatic and supportive.

Symptoms overdose may include:

- Dry mouth, changes in appetite, gastrointestinal issues and fatigue.

IDENTIFICATION:

Green, dome shaped gummy with a tropical pineapple flavour.

PRESENTATION:

Clear jar with green lid, packaged with tamperproof induction seal, labelled with clear, detailed information printed on the label. Containing 60 gummies.

STORAGE INSTRUCTIONS:

Store in a cool, dry place below 25 °C. Do not leave container open.

KEEP OUT OF REACH OF CHILDREN.

REGISTRATION NUMBER:

To be allocated.

NAME AND BUSINESS ADDRESS OF THE HOLDER OF THE CERTIFICATE OF REGISTRATION:

Vitatech

Physical address: Cnr Parkin & Delson Street

North End, Gqeberha, 6001, South Africa.

Tel: 041 816 3100

Email: ask@vitatechhealth.com

Website: www.vitatechhealth.com

DATE OF PUBLICATION OF THE PACKAGE INSERT: July 2023

vitatech® NAPPI CODE:

3007917001

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HANDELSNAAM EN DOSERINGSVORM:CBD
ADULT GUMMIES (60)

VRYWARING: Hierdie medisyne is nie deur SAHPRA geëvalueer ten opsigte van die kwaliteit, veiligheid of beoogde gebruik daarvan nie. Hierdie medisyne is nie bedoel vir die diagnose, behandeling, genesing of voorkoming van enige siekte nie.

SKEDULERINGSSTATUS: Ongeskeduleerd

SAMESTELLING: Elke gummy bevat:

Bestanddele	Elementeel waarde	*NRV
Cannabidiol (CBD) – <i>Cannabis sativa</i> L.	10mg	-
* Suid Afrikaanse Voedings verwysingswaardes vir persone 4 jaar en ouer - nie vastgestel nie		

Anders bestanddele is: Glukosestroop, suikrose, gesuiwerde water, gelatien (bees), sitroensuur, geur, natriumsitraat, kleurstof. Bevat geen kunsmatige versoeter. Bevat suiker: glukose (1g), suiker (0.75g)

Gelatien is Halal gesertifiseer by die bron.

FARMAKOLOGIESE KLASSEFIKASIE:

34.13 Kategorie D (Gesondheidsaanvuller) [S0]

FARMAKOLOGIESE WERKING: Gesondheidsaanvuller

INDIKASIES: Aangedui as 'n aanvulling waar swak dieetname van die genoemde aktiewe bestanddele voorkom.

KONTRA-INDIKASIES:

- Hipersensitiwiteit vir enige van die bestanddele.

WAASKUWINGS EN SPESIALE VOORSORGMATREËLS:

- Groot dosisse mag aanleiding gee tot spierverswakte ongemak en uitputting.

INTERAKSIES:

Geen bekende interaksies teen die aanbevole dosis.

Medisyne wat kan interaksie hê met die gummies is:

- Bloedverduunners (Antikoagulanter): CBD mag die metabolisme van bloedverduunningsmedikasie soos Warfarin beïnvloed, moontlik die risiko van bloeding verhoog.
 - Medikasie wat Lewer-ensieme Beïnvloed: CBD word in die lewer gemetaboliseer deur ensieme wat ook verantwoordelik is vir die metabolisme van baie medikasies. Dit kan die vlakke van hierdie medikasies in jou bloedbaan beïnvloed, soos sekere antidepressante, antipsigotiese middels, en anti-aanval medikasies.
 - Kalmeer- of Slaapmiddels: CBD kan die kalmerende effekte van medikasies wat slaperigheid veroorsaak, soos kalmeer- of slaapmiddels, versterk en oormatige drowsiness veroorsaak.
- Antidepressante en Medikasie vir Angs: CBD kan interaksie hê met medikasies wat gebruik word om depressie en angs te behandel, moontlik hul effek verhoog of verminder.

DOSIS EN GEBRUIKSAANWYSINGS:

Die aanbevole gebruik is:

Volwassenes: Neem 1-2 gummies soos benodig.

Moenie die aanbevole dosis oorskry nie. Die produk moenie 'n gebalanseerde dieet vervang nie.

MOONTLIKE NEWE-EFFEKTE EN SPESIALE VOORBERGING:

Hierdie aanvulling moet met versigtigheid gebruik word in individue met die volgende mediese toestande:

- Lewer-toestand: Mag interaksie hê met medikasie wat in die lewer gemetaboliseer word.
- Lae Bloeddruk (Hipotensie): Mag moontlik bloeddruk nog verder verlaag.
- Gastro-intestinale Verstourings: Mag maagsimptome veroorsaak of vererger.
- Allergieë: Moet vermy word as daar 'n allergiese reaksie op enige van die bestanddele is.
- Interaksies met Medikasie: Kan interaksie hê met verskeie medikasies wat deur die lewer gemetaboliseer word.
- Swangerskap en Borsvoeding: Die effekte op die fetus of pasgeborene is nie goed verstaanbaar nie.
- Psigiatriese Verstourings: Potensiële interaksie met psigiatriese medikasies.

BEKENDE SIMPTOME VAN OORDOSERING EN BESONDERHEDE VAN DIE BEHANDELING DAARVAN:

In geval van 'n toevallige oordosis, staak die gebruik en soek onmiddellik mediese hulp. Behandeling is simptomaties en ondersteunend.

Simptome van 'n oordosis kan insluit:

- Droë mond, veranderinge in eetlus, gastro-intestinale ongemak en moegheid.

IDENTIFIKASIE:

Groen koepelvormige gummy met 'n tropiese pynappel geur.

AANBIEDING: Deurskynende bottle met groen deksel, en 'n peuterbestande induksie-seël. 'n Gedrukte etiket met volledige aanwysings is op die houer aangebring. Bevat 60 gummies.

BERGINGSANWYSINGS:

Bêre op 'n koel, droë plek onder 25 °C. Moenie die houer oop laat. HOU BUITE BEREIK VAN KINDERS

REGISTRASIE NOMMER:

Word ge-allockeer.

NAAM EN BESIGHEIDS ADRES VAN DIE APPLIKANT:

Vitatech

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PROPRIETARY NAME AND DOSAGE FORM:

**CBD
ADULT GUMMIES (60)**

DISCLAIMER: This medicine has not been evaluated by SAPHRA. This medicine is not intended to diagnose, treat, cure, or prevent any disease.

Read all this leaflet carefully because it contains important information for you. This medicine is available without a doctor's prescription, for you to use as a vitamin supplement. Nevertheless, you still need to use it carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- You must go see a doctor if you experience worrying symptoms.

SCHEDULING STATUS: Unscheduled

COMPOSITION: Each gummy contains:

Ingredients	Elemental value	*NRV
Cannabidiol (CBD) – <i>Cannabis sativa</i> L.	10mg	-
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Other Ingredients: Glucose syrup, sucrose, purified water, gelatine (bovine), citric acid, flavourant, sodium citrate, colourant. Contains no artificial sweetener. Contains sugar: glucose (1 g), sugar (0.75g) **Gelatine is Halal certified at source.**

WHAT IS THIS SUPPLEMENT USED FOR:

This supplement is designed to support various aspects of well-being, offering potential benefits such as:

- Stress Relief: CBD has been reported to have a calming effect on the central nervous system.
- Reducing Anxiety: Users have reported decreased anxiety levels when using CBD.
- Improved Sleep: Many users experienced improved sleep quality and reduced sleep disturbances.
- Pain Relief: CBD may provide moderate pain relief, with some users reporting a 30% reduction in pain.
- Memory Support: CBD has been shown to enhance blood flow to brain areas involved in memory processing.

Please note that individual responses to CBD may vary,

BEFORE YOU TAKE THIS SUPPLEMENT:

Do not take if you are allergic to any of the ingredients.

Take special care when taking any supplement:

- Do not exceed the daily recommended amount.
- Seek professional advice if suffering from any **allergies**.
- Seek professional advice if **any other medications** are being taken or another medical condition is present.
- If you are taking other supplements, read the label as these supplements may contain the same ingredients.
- If you are **pregnant or breast feeding** your baby, please consult your health care provider for advice before taking

this supplement as effects on the foetus or newborn are not well researched.

- This supplement should not impair or affect your ability to **drive or operate heavy machinery**. However, individual reactions may vary, so exercise caution.
- These gummies contain sugar **and are therefore not recommended for diabetics**.

TAKING/USING OTHER MEDICATION:

There are no known interactions at the recommended dosage for healthy individuals. See "PACKAGE INSERT Interactions."

HOW TO TAKE:

The recommended usage is:

Adults: Take 1-2 gummies as needed.

IF YOU TAKE MORE THAN YOU SHOULD:

In the event of an overdose, consult your doctor or pharmacist immediately. If neither is available, contact that nearest hospital or medical centre. Treatment is symptomatic and supportive.

POSSIBLE SIDE EFFECTS:

These supplements are generally well-tolerated when taken as directed. Symptoms of overdose may include:

- Dry mouth, changes in appetite, gastrointestinal issues and fatigue.

IDENTIFICATION:

Green, dome shaped gummy with a tropical pineapple flavour.

PRESENTATION:

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HANDELSNAAM EN DOSERINGSVORM:

**CBD
ADULT GUMMIES (60)**

VRYWARING: Hierdie medisyne is nie deur SAPHRA geëvalueer nie. Hierdie medisyne is nie bedoel om enige siekte te diagnoseer, behandel, genees of voorkom nie.

Lees alle inligting in die inligtingsblad noukeurig, dit bevat belangrike inligting vir die verbruiker. Die medisyne is beskikbaar sonder 'n dokters voorskrif, vir gebruik as 'n vitamien aanvulling. Nieteenstaande, dit is belangrik dat die produk korrek gebruik moet word om die beste resultate te verkry.

- Moenie die pamflet weggooi nie, dit mag dalk nodig wees om dit weer te lees
- Vra jou apteker indien jy meer inligting of advies nodig het
- Besoek die dokter indien daar kommerwekkende simptome is.

SKEDULERINGSSTATUS: Ongeskeduleerd

SAMESTELLING: Elke gummy bevat:

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Ander bestanddele is: Glukosestroop, suikrose, gesuiwerde water, gelatien (bees), sitroensuur, geur, natriumsitraat, kleurstof. Bevat geen kunsmatige versoeter. Bevat suiker: glukose (1g), suiker (0.75g) **Gelatien is Halal gesertifiseer by die bron.**

WAARVOOR WORD HIERDIE AANVULLING GEBRUIK:

Hierdie aanvulling is ontwerp om verskeie aspekte van welstand te ondersteun en bied moontlike voordele soos:

- Streshantering: Dit is gerapporteer dat CBD 'n kalmerende effek op die sentrale senuweestelsel het.
- Angsvermindering: Gebruikers het verminderde angstigheidsvlakke ervaar wanneer hulle CBD gebruik het.
- Beter Slaap: Baie gebruikers het verbeterde slaapkwaliteit en verminderde slaapverstoring ervaar.
- Pynverligting: CBD kan matige pynverligting bied, met sommige gebruikers wat 'n afname van 30% in pyn gerapporteer het.
- Geheue-ondersteuning: Daar is aangetoon dat CBD bloedvloeï na breinareas wat betrokke is by geheueverwerking, kan verbeter.

Let daarop dat individuele reaksies op CBD kan wissel.

VOORDAT JY HIERDIE AANVULLING NEEM:

Moenie dit inneem as jy allergies is vir enige van die bestanddele nie. Wees versigtig wanneer jy enige aanvulling gebruik:

- Moet nie die daaglikse aanbevole hoeveelheid oorskry nie.
- Raadpleeg 'n professionele persoon as jy aan enige **allergieë** ly.
- Raadpleeg 'n professionele persoon as enige **ander medikasie** gebruik word of 'n ander mediese toestand teenwoordig is.

- As jy ander aanvullings gebruik, lees die etiket aangesien hierdie aanvullings dieselfde bestanddele kan bevat.
- As u **swanger is of borsvoedings** gee aan u baba, raadpleeg asseblief u gesondheidsorgverskaffer vir advies voordat u hierdie aanvulling gebruik, omdat die effekte op die fetus of pasgeborene nie goed nagevors is nie.
- Hierdie aanvulling behoort nie u vermoë om **'n motor te bestuur of swaar masjinerie** te bedryf te beïnvloed of benadeel nie. Nietemin, individuele reaksies kan wissel, so **wees versigtig**.
- Hierdie gummies bevat suiker en word **daarom nie aanbeveel vir diabeto** nie

INTERAKSIES MET ANDER MEDISYNE:

Daar is geen bekende interaksies by die aanbevole dosis vir gesonde individue nie. Verwys na die «VOUBILJET interaksies»

HOE OM DIT TE GEBRUIK:

Die aanbevole gebruik is:

Volwassenes: Neem 1-2 gummies soos benodig.

AS JY MEER NEEM AS WAT JY MOET:

In geval van 'n oordosis, raadpleeg onmiddellik jou dokter of apteker. As hulle nie beskikbaar is nie, kontak die naaste hospitaal of mediese sentrum. Behandeling is simptome en ondersteunend.

MOONTLIKE NEWE-EFFEKTE:

Hierdie aanvullings word gewoonlik goed verdra as dit soos voorgeskryf geneem word. Simptome van 'n oordosis kan insluit:

- Droë mond, veranderinge in eetlus, gastro-intestinale ongemak en moegheid.

IDENTIFIKASIE:

Groen koepelvormige gummy met 'n tropiese pynappel geur.

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