

**PROPRIETARY NAME AND DOSAGE FORM:**

**CLEAR PROTEIN**  
**10 X 20 g SACHETS (200 g)**  
 Peach Mango or Pine Berry Flavours

**DISCLAIMER:** This medicine has not been evaluated by SAHPRA for its quality, safety or intended use. This medicine is not intended to diagnose, treat, cure, or prevent any disease.

**SCHEDULING STATUS:** Unscheduled

**TYPICAL NUTRITIONAL INFORMATION (AS PACKED)**

Servings Per Container: 10

Single Serving size: 20 g (1 sachet)

	Per 100 g	Per 20 g Serving
Energy kj	1506	301
Energy kcal	360	72
Protein	83	17
Carbohydrate	1.2	0.2
of which Sugars	1.5	0.3
of which Added Sugar	0	0
Total Fat	0.3	0.1
of which Saturated	0.1	0.0
Dietary Fibre	0.6	0.1
Total Sodium	400	80

**Ingredients:** Clear Protein Blend (Hydrolysed Whey Protein Isolate, Hydrolysed Collagen Peptides), Flavouring, Sea Salt, Stabiliser, Natural Colourant, Natural Sweetener Blend (Monk Fruit and Stevia Leaf Extract).

**ALLERGENS:** Contains Cow's milk

**PHARMACOLOGICAL CLASSIFICATION:**

34.3 Category D (Health Supplement) [S0]

**PHARMACOLOGICAL ACTION:** Health supplement.

**INDICATIONS:** Indicated as a supplement where poor dietary intake of the listed active ingredients exist.

**CONTRA-INDICATIONS:**

- Hypersensitivity to any of the ingredients.

**WARNINGS AND SPECIAL PRECAUTIONS:**

- Large doses may give rise to gastrointestinal discomfort.

**INTERACTIONS:**

No known interactions with existing conditions at recommended dose.

**DOSAGE AND DIRECTIONS FOR USE:**

The recommended usage is:

Mix 1 Sachet (+ 20 g) with 400 ml of water in a glass or shaker. Mix well and wait about 15 seconds for the natural foaming to settle. Watch as it gradually clears into a colourful, translucent and refreshing protein drink.

Alternatively, add 1 sachet to your favourite smoothie.

This product should not be used as a substitute for a balanced diet.

**SIDE EFFECTS AND SPECIAL PRECAUTIONS:**

This supplement should be used with caution in individuals with the following medical conditions:

- Individuals with a known allergy to milk proteins (whey), collagen, or any of the ingredients should not use this product.

- Individuals with kidney disease, impaired kidney function, or those on a protein-restricted diet should consult a healthcare provider before use.

**KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT:**

In case of an accidental overdose, discontinue use and seek medical professional assistance immediately. Treatment is symptomatic and supportive.

No specific overdose symptoms have been documented when used as directed. Excessive intake may result in digestive discomfort, including bloating, gas, nausea, diarrhoea, or abdominal discomfort.

**IDENTIFICATION:**

Fine, pastel-coloured, flavoured powder (Peach Mango or Pine Berry).

**PRESENTATION:**

10 printed sachets packed in a labelled, tamper-proof sealed box.

**STORAGE INSTRUCTIONS:**

Store in a cool, dry place below 25 °C. Do not leave container open.

KEEP OUT OF REACH OF CHILDREN.

**REGISTRATION NUMBER:**

To be allocated.

**NAME AND BUSINESS ADDRESS OF THE HOLDER OF THE CERTIFICATE OF REGISTRATION:**

Vitatech

Physical address: Cnr Parkin & Delson Street

North End, Gqeberha, 6001, South Africa.

Tel: 041 816 3100

Email: [ask@vitatechhealth.com](mailto:ask@vitatechhealth.com)

Website: [www.vitatechhealth.com](http://www.vitatechhealth.com)

**DATE OF PUBLICATION OF THE PACKAGE INSERT:**

December 2025

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Read all this leaflet carefully because it contains important information for you. This medicine is available without a doctor's prescription and is intended for use as a vitamin supplement. Nevertheless, you still need to use it carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- You must go see a doctor if you experience worrying symptoms.

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**WHAT IS THIS SUPPLEMENT USED FOR:**

Protein supports the following benefits:

- Muscle recovery: Protein contributes to the maintenance and growth of muscle mass.
- Muscle repair: Helps support recovery after exercise and physical activity.
- Satiety support: Protein contributes to feelings of fullness as part of a balanced diet.
- Healthy metabolism: Contributes to normal energy-yielding metabolism.
- Tissue maintenance: Supports the maintenance of normal body tissues, including muscle.
- Skin support: Collagen is a structural component of the skin and contributes to normal skin function.
- Joint support: Collagen contributes to the normal function of connective tissue.

**BEFORE YOU TAKE THIS SUPPLEMENT:**

Do not take if you are allergic to any of the ingredients. Take special care when taking any supplement:

- Do not exceed the daily recommended amount.
- Seek professional advice if suffering from any **allergies**.
- Seek professional advice if **any other medications** are being taken or another medical condition is present.

- If you are taking other supplements, read the label as these supplements may contain the same ingredients.
- If you are **pregnant or breastfeeding** your baby, please consult your healthcare provider for advice before taking this medicine.
- This supplement should not impair or affect your ability to **drive or operate heavy machinery**.

**TAKING/USING OTHER MEDICATION:**

There are no known interactions at the recommended dosage for healthy individuals. See "PACKAGE INSERT Interactions."

**HOW TO TAKE:**

The recommended usage is:

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**IF YOU TAKE MORE THAN YOU SHOULD:**

In the event of an overdose, consult your doctor or pharmacist immediately. If neither is available, contact the nearest hospital or medical centre. Treatment is symptomatic and supportive.

**POSSIBLE SIDE EFFECTS:**

These supplements are generally well-tolerated when taken as directed. No specific overdose symptoms have been documented when used as directed. Excessive intake may result in digestive discomfort, including bloating, gas, nausea, diarrhoea, or abdominal discomfort. If you experience any unusual or severe side effects, discontinue use, and seek medical attention.

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