

PROPRIETARY NAME AND DOSAGE FORM:

## IMMUNE KIDS GUMMIES (60)

**DISCLAIMER:** This medicine has not been evaluated by SAHPRA for its quality, safety or intended use. This medicine is not intended to diagnose, treat, cure, or prevent any disease.

**SCHEDULING STATUS:** Unscheduled

**COMPOSITION:** Each gummy contains:

| Ingredients                                                                                      | Elemental value | *NRV |
|--------------------------------------------------------------------------------------------------|-----------------|------|
| Vitamin C (as L- Ascorbic Acid)                                                                  | 65 mg           | 65%  |
| Vitamin D3 (as Cholecalciferol)                                                                  | 250iu           | 42%  |
| Zinc (as Zinc Gluconate and Oxide)                                                               | 2 mg            | 18%  |
| * South African Nutrient reference values for individuals 4 years and older<br>- not established |                 |      |

**Other Ingredients:** Glucose syrup, sucrose, purified water, gelatine (bovine), citric acid, flavourant, sodium citrate, colourant. Contains no artificial sweetener. Contains sugar: glucose (1 g), sugar (0.75g)

**Gelatine is Halal certified at source.**

### PHARMACOLOGICAL CLASSIFICATION:

34. 13 Category D (Health Supplement) [S0]

**PHARMACOLOGICAL ACTION:** Health supplement.

**INDICATIONS:** Indicated as a supplement where poor dietary intake of the listed active ingredients exist.

### CONTRA-INDICATIONS:

- Hypersensitivity to any of the ingredients.

### WARNINGS AND SPECIAL PRECAUTIONS:

- Large doses may give rise to digestive discomfort.

### INTERACTIONS:

No known interactions with existing conditions at recommended dose.

Medicines that might interact with these gummies are:

- Blood Thinners: These may interact with blood-thinning medications like Warfarin or specific antiplatelet drugs.
- Certain Antibiotics: There could be interactions with antibiotics like Ciprofloxacin or Doxycycline.

### DOSAGE AND DIRECTIONS FOR USE:

The recommended usage is:

Children ages 2-3: Take 1 gummy daily.

Children ages 4-12: Take 2 gummies daily.

Do not exceed the recommended dose. This product should not be used as a substitute for a balanced diet.

### SIDE EFFECTS AND SPECIAL PRECAUTIONS:

This supplement should be used with caution in individuals with the following medical conditions:

- Allergies: Individuals with known allergies to any of the ingredients should avoid these gummies.
- Digestive Upset: Excessive consumption may lead to digestive discomfort. Stick to the recommended dosage.

- Iron Absorption: High doses of zinc could potentially interfere with iron absorption. If you have an iron deficiency, consult a healthcare provider.
- Immune Disorders: If you have an autoimmune disease, consult with a healthcare professional before taking supplements that boost the immune system.
- Vitamin D: Should not be administered to patients with hypercalcaemia. and be given with caution to infants as they may have increased sensitivity to its effects. The effects of Vitamin D may be reduced in patients taking barbiturates or anticonvulsants.

### KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT:

In case of an accidental overdose, discontinue use and seek medical professional assistance immediately. Treatment is symptomatic and supportive.

Symptoms overdose may include:

- excessive gas, bloating, diarrhoea, or stomach discomfort.

### IDENTIFICATION:

Orange, dome shaped gummy with an orange flavour.

Red, dome shaped gummy with a strawberry flavour.

### PRESENTATION:

Clear jar with green lid, packaged with tamperproof induction seal, labelled with clear, detailed information printed on the label. Containing 60 gummies.

### STORAGE INSTRUCTIONS:

Store in a cool, dry place below 25 °C. Do not leave container open.

KEEP OUT OF REACH OF CHILDREN.

### REGISTRATION NUMBER:

To be allocated.

### NAME AND BUSINESS ADDRESS OF THE HOLDER OF THE CERTIFICATE OF REGISTRATION:

Vitatech

Physical address: Cnr Parkin & Delson Street

North End, Gqeberha, 6001, South Africa.

Tel: 041 816 3100

Email: [ask@vitatechhealth.com](mailto:ask@vitatechhealth.com)

Website: [www.vitatechhealth.com](http://www.vitatechhealth.com)

### DATE OF PUBLICATION OF THE PACKAGE INSERT:

July 2023

HANDELSNAAM EN DOSERINGSVORM:

## IMMUNE KIDS GUMMIES (60)

**VRYWARING:** Hierdie medisyne is nie deur SAHPRA geëvalueer ten opsigte van die kwaliteit, veiligheid of beoogde gebruik daarvan nie. Hierdie medisyne is nie bedoel vir die diagnoseering, behandeling, genesing of voorkoming van enige siekte nie.

**SKEDULERINGSSTATUS:** Ongeskeduleerd

**SAMESTELLING:** Elke gummy bevat:

| Bestanddele                                                                                   | Elementeel waarde | *NRV |
|-----------------------------------------------------------------------------------------------|-------------------|------|
| Vitamiën C (as L- Askorbiensuur)                                                              | 65 mg             | 65%  |
| Vitamiën D3 (as Cholekalsiferol)                                                              | 250iu             | 42%  |
| Sink (as Glukonaat- en Oksied)                                                                | 2 mg              | 18%  |
| * Suid Afrikaanse Voedings verwysingswaardes vir persone 4 jaar en ouer<br>- nie vagestel nie |                   |      |

**Ander bestanddele is:** Glukosestroop, suikrose, gesuiwerde water, gelatien (bees), sitroensuur, geur, natriumsitraat, kleurstof. Bevat geen kunsmatige versoeter. Bevat suiker: glukose (1g), suiker (0.75g)

**Gelatien is Halal gesertifiseer by die bron.**

### FARMAKOLOGIESE KLASSIFIKASIE:

34.13 Kategorie D (Gesondheidsaanvuller) [S0]

**FARMAKOLOGIESE WERKING:** Gesondheidsaanvuller

**INDIKASIES:** Aangedui as 'n aanvulling waar swak dieetintname van die genoemde aktiewe bestanddele voorkom.

### KONTRA-LNDIKASIES:

- Hipersensitiwiteit vir enige van die bestandele.

### WAASKUWINGS EN SPESIALE VOORSORGMATREËLS:

- Groot dosisse mag lei tot maag ongemak.

### INTERAKSIES:

Geen bekende interaksies teen die aanbevole dosis.

Medisyne wat kan interaksie hê met die gummies is:

- Bloedverdunders: Dit kan interaksies hê met bloedverduunningsmedikasie soos Warfarin of spesifieke antiplatelet medikasie.
- Sekere Antibiotika: Daar kan interaksies wees met antibiotika soos Ciprofloxacin of Doxycycline.

### DOSIS EN GEBRUIKSAANWYSINGS:

Die aanbevole gebruik is:

Kinders ouderdomme 2-3: Neem 1 gummy per dag.

Kinders ouderdomme 3 -12: Neem 2 gummies per dag.

Moenie die aanbevole dosis oorskry nie. Die produk moenie 'n gebalanseerde dieët vervang nie.

### MOONTLIKE NEWE-EFFEKTE EN SPESIALE VOORBERGING:

Hierdie aanvulling moet met versigtigheid gebruik word by individue met die volgende mediese toestande:

- Allergieë: Individue met bekende allergieë vir enige van die bestanddele moet hierdie gomme vermy.

- Spysverteringsongesteldheid: Oormatige gebruik kan lei tot spijsverteringsongemak. Hou aan by die aanbevole dosis.
- Ysterabsorpsie: Hoë dosisse sink kan potensieel interferensie met ysterabsorpsie veroorsaak. As jy 'n intertekort het, raadpleeg 'n gesondheidsorgverskaffer.
- Immuunversteurings: As jy 'n outo-immuunsiekte het, raadpleeg 'n gesondheidsorg-professioneel voordat jy aanvullings gebruik wat die immuunstelsel stimuleer.
- Vitamiën D: Moet nie aan pasiënte met hiperkalsemie toegedien word nie, en moet met sorg aan babas gegee word, omdat hulle moontlik verhoogde sensitiwiteit vir die effekte daarvan mag hê. Die effekte van vitamien D kan verminder word in pasiënte wat barbiturate of antikonvulsante gebruik.

### BEKENDE SIMPTOME VAN OORDOSERING EN BESONDERHEDE VAN DIE BEHANDELING DAARVAN:

In geval van 'n toevallige oordosis, staak die gebruik en soek onmiddellik mediese hulp. Behandeling is simptomaties en ondersteunend.

Symptome van 'n oordosis kan insluit:

- oormatige gas, opgeblaseheid, diarree of maagongemak.

### IDENTIFIKASIE:

Oramje koepelvormige gummy met n lemoen geur.

Rooi koepelvormige gummy met n aarbei geur.

**AANBIEDING:** Deurskynende bottle met groen deksel, en 'n peuterbestande induksie-seël. 'n Gedrukte etiket met volledige aanwysings is op die houer aangebring. Bevat 60 gummies.

### BERGINGSAAANWYSINGS:

Bêre op 'n koel, droë plek onder 25 °C. Moenie die houer oop laat.

HOU BUITE BEREIK VAN KINDERS

### REGISTRASIE NOMMER:

Word ge-allokeer.

### NAAM EN BESIGHEIDS ADRES VAN DIE APPLIKANT:

Vitatech

Adress: Cnr Parkin & Delson Street

North End, Gqeberha, 6001, Suid Afrika.

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### DATUM VAN PUBLIKASIE VAN HIERDIE PASIËNT INLIGTING PAMFLET:

Julie 2023

**PROPRIETARY NAME AND DOSAGE FORM:**

**IMMUNE  
KIDS GUMMIES (60)**

**DISCLAIMER:** This medicine has not been evaluated by SAPHRA. This medicine is not intended to diagnose, treat, cure, or prevent any disease.

Read all this leaflet carefully because it contains important information for you. This medicine is available without a doctor's prescription, for you to use as a vitamin supplement. Nevertheless, you still need to use it carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- You must go see a doctor if you experience worrying symptoms.

**SCHEDULING STATUS:** Unscheduled

**COMPOSITION:** Each gummy contains:

| Ingredients                                                                                   | Elemental value | *NRV |
|-----------------------------------------------------------------------------------------------|-----------------|------|
| Vitamin C (as L- Ascorbic Acid)                                                               | 65 mg           | 65%  |
| Vitamin D3 (as Cholecalciferol)                                                               | 250iu           | 42%  |
| Zinc (as Zinc Gluconate and Oxide)                                                            | 2 mg            | 18%  |
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**Other Ingredients:** Glucose syrup, sucrose, purified water, gelatine (bovine), citric acid, flavourant, sodium citrate, colourant. Contains no artificial sweetener. Contains sugar: glucose (1 g), sugar (0.75g) **Gelatine is Halal certified at source.**

**WHAT IS THIS SUPPLEMENT USED FOR:**

- Immune System Health: These gummies support a healthy immune system.
- Vitamin C Boost: With Vitamin C (L- Ascorbic Acid), they contribute to enhanced immune function.
- Vitamin D3 for Immunity: Vitamin D3 (Cholecalciferol) plays a crucial role in immune regulation.
- Zinc for Immune Support: Zinc (Zinc Gluconate and Oxide) reinforces the body's immune response.
- Protection: These gummies provide a shield against common illnesses.

**BEFORE YOU TAKE THIS SUPPLEMENT:**

Do not administer if your child is allergic to any of the ingredients. Take special care when giving children any supplement:

- Do not exceed the daily recommended amount.
- Seek professional advice if they suffer from any **allergies**.
- Seek professional advice if **any other medications** are being taken **or another medical condition** is present.
- If they are taking other supplements, read the label, as these supplements may contain the same ingredients.
- These gummies contain sugar **and are therefore not recommended for diabetics.**

**TAKING/USING OTHER MEDICATION:**

There are no known interactions at the recommended dosage for healthy individuals. See "PACKAGE INSERT Interactions."

**HOW TO TAKE:**

The recommended usage is:  
Children ages 2-3: Take 1 gummy daily.  
Children ages 4-12: Take 2 gummies daily.

**IF YOU TAKE MORE THAN YOU SHOULD:**

In the event of an overdose, consult your doctor or pharmacist immediately. If neither is available, contact that nearest hospital or medical centre. Treatment is symptomatic and supportive.

**POSSIBLE SIDE EFFECTS:**

These supplements are generally well-tolerated when taken as directed. Symptoms of overdose may include:

- excessive gas, bloating, diarrhoea, or stomach discomfort.

**IDENTIFICATION:**

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**REGISTRATION NUMBER:**

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**HANDELSNAAM EN DOSERINGSVORM:**

**IMMUNE  
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**VRYWARING:** Hierdie medisyne is nie deur SAPHRA geëvalueer nie. Hierdie medisyne is nie bedoel om enige siekte te diagnoseer, behandel, genees of voorkom nie.

Lees alle inligting in die inligtingsblad noukeurig , dit bevat belangrike inligting vir die gebruiker. Die medisyne is beskikbaar sonder 'n dokters voorskrif, vir gebruik as 'n vitamien aanvulling. Nieteenstaande, dit is belangrik dat die produk korrek gebruik moet word om die beste resultate te verkry.

- Moenie die pamflet weggooi nie, dit mag dalk nodig wees om dit weer te lees
- Vra jou apteker indien jy meer inligting of advies nodig het
- Besoek die dokter indien daar kommerwekkende simptome is.

**SKEDULERINGSTATUS:** Ongeskeduleerd

**SAMESTELLING:** Elke gummy bevat:

| Bestanddele                                                                                | Elementeel waarde | *NRV |
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**Anders bestanddele is:** Glukosestroop, suikrose, gesuiwerde water, gelatien (bees), sitroensuur, geur, natriumsitraat, kleurstof. Bevat geen kunsmatige versoeter. Bevat suiker: glukose (1g), suiker (0.75g) **Gelatien is Halal gesertifiseer by die bron.**

**WAARVOOR WORD HIERDIE AANVULLING GEBRUIK:**

- Imuunstelselgesondheid: Hierdie gomme ondersteun 'n gesonde immuunstelsel.
- Vitamien C-impuls: Met vitamien C (L-askorbiensuur) dra hulle by tot 'n verbeterde immuunfunksie.
- Vitamien D3 vir immuniteit: Vitamien D3 (Cholecalciferol) speel 'n kritieke rol in die regulering van immuniteit.
- Sink vir immunesteun: Sink (Sinkglukonaat en Oksied) versterk die liggaam se immuunrespons.  
Beskerming: Hierdie gomme bied 'n skild teen algemene siektes.

**VOORDAT JY HIERDIE AANVULLING NEEM:**

Moenie toedien as jou kind allergies is vir enige van die bestanddele nie.  
Wees besonder versigtig wanneer jy enige aanvulling aan kinders gee:

- Moet nie die daaglikse aanbevole hoeveelheid oorskry nie.
- Raadpleeg 'n professionele persoon as hulle aan enige **allergies** ly.
- Raadpleeg 'n professionele persoon as **ander medikasie** geneem word of as daar 'n ander **mediese toestand** teenwoordig is.

- As hulle ander aanvullings neem, lees die etiket, aangesien hierdie aanvullings dieselfde bestanddele kan bevat.
- Hierdie gummies bevat suiker en word dus ***nie aanbeveel vir diabeto nie.***

**INTERAKSIES MET ANDER MEDISYNE:**

Daar is geen bekende interaksies by die aanbevole dosis vir gesonde individue nie. Verwys na die « VOUBILJET interaksies »

**HOE OM DIT TE GEBRUIK:**

Die aanbevole gebruik is:  
Oramje koepelvormige gummy met n lemoen geur.  
Rooi koepelvormige gummy met n aarbei geur.

**AS JY MEER NEEM AS WAT JY MOET:**

In geval van 'n oordosis, raadpleeg onmiddellik jou dokter of apteker. As hulle nie beskikbaar is nie, kontak die naaste hospitaal of mediese sentrum. Behandeling is simptome en ondersteunend.

**MOONTLIKE NEWE-EFFEKTE:**

Hierdie aanvullings word gewoonlik goed verdra as dit soos voorgeskryf geneem word. Simptome van 'n oordosis kan insluit:

- oormatige gas, opgeblaseheid, diarree of maagongemak.

**IDENTIFIKASIE:**

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**DATUM VAN PUBLIKASIE VAN HIERDIE PASIËNT INLIGTING**

**PAMFLET:**

Julie 2023