

**PROPRIETARY NAME AND DOSAGE FORM:
UTI SUPPORT 30 X 6 G SACHETS
(180 g)**

DISCLAIMER: This medicine has not been evaluated by SAHPRA for its quality, safety or intended use. This medicine is not intended to diagnose, treat, cure, or prevent any disease.

SCHEDULING STATUS: Unscheduled

COMPOSITION: Each sachet contains:

Ingredients	Per sachet	*NRV
D-Mannose	2000 mg	-
Cranberry fruit equivalent	12500 mg	-
from Cranberry Extract	250 mg	-
Probiotic Blend (10 strains)	5 billion CFU**	-
Saccharomyces boulardii SB01, Lactocaseibacillus rhamnosus L Ra05, Lactocaseibacillus casei LC89, Lactocaseibacillus paracasei LC86, Lactobacillus acidophilus LA85, Lactiplantibacillus plantarum Lp90, Bifidobacterium breve BBr60, Bifidobacterium longum subsp. longum BL21, Bifidobacterium longum subsp. infantis BI45, Streptococcus salivarius subsp. thermophilus ST81		
* South African Nutrient reference values for individuals 4 years and older		
- Not established		

Other Ingredients: Citric Acid, Malic Acid, Flavouring, Red Beet Juice Powder, Silicon Dioxide, Xanthan Gum, Stevia Leaf Extract and Monk Fruit Extract.

Allergens: Manufactured in a facility that processes eggs, cow's milk, soy, wheat (gluten), peanuts and tree nuts.

PHARMACOLOGICAL CLASSIFICATION:
34.12 Category D (Health Supplement) [S0]

PHARMACOLOGICAL ACTION: Health supplement.

INDICATIONS: Indicated as a supplement where poor dietary intake of the listed active ingredients exists.

CONTRA-INDICATIONS:

- Hypersensitivity to any of the ingredients.

WARNINGS AND SPECIAL PRECAUTIONS:

- Large doses may give rise to gastrointestinal discomfort.
- Consult your healthcare provider before use if you are pregnant, breastfeeding, immunocompromised or taking medication.
- If symptoms persist, consult a healthcare professional.

INTERACTIONS:

No known interactions at the recommended dose.

DOSAGE AND DIRECTIONS FOR USE:

The recommended usage is

Adults: Dissolve 1 sachet in water and take once daily, preferably at the same time each day. If additional support is required, take 1 sachet twice daily for up to 3 days. Drink enough water. Do not exceed 2 sachets per day. If symptoms persist, consult a healthcare professional. Consult a healthcare professional before using longer than 6 months.

SIDE EFFECTS AND SPECIAL PRECAUTIONS:

This supplement should be used with caution in individuals with the following medical conditions:

- Individuals with known sensitivity to any of the ingredients should use this supplement with caution.
- Gastrointestinal discomfort such as bloating, nausea, stomach discomfort or diarrhoea may occur in sensitive individuals.
- Individuals with persistent urinary symptoms should consult a healthcare professional.

KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT:

In case of an accidental overdose, discontinue use and seek medical professional assistance immediately. Treatment is symptomatic and supportive. Symptoms of overdose may include gastrointestinal discomfort, bloating, nausea or diarrhoea.

IDENTIFICATION:

Cranberry-flavoured powder sachet.

PRESENTATION:

Packaged as a printed box with tamperproof seal, labelled with clear, detailed information printed on the box.

Contents are 30 sachets of 6 g each, containing 180 g in total.

STORAGE INSTRUCTIONS:

Store in a cool, dry place below 25 °C. Do not leave container open.

KEEP OUT OF REACH OF CHILDREN.

REGISTRATION NUMBER:

To be allocated.

NAME AND BUSINESS ADDRESS OF THE HOLDER OF THE CERTIFICATE OF REGISTRATION:

Vitatech

Physical address: Cnr Parkin & Delson Street

North End, Gqeberha, 6001, South Africa.

Tel: 041 816 3100

Email: ask@vitatechhealth.com

Website: www.vitatechhealth.com

DATE OF PUBLICATION OF THE PACKAGE INSERT:

May 2026

**HANDELSNAAM EN DOSERINGSVORM:
UTI SUPPORT 30 X 6 G SACHETS
(180 g)**

VRYSWARING: Hierdie medisyne is nie deur SAHPRA geëvalueer ten opsigte van die kwaliteit, veiligheid of beoogde gebruik daarvan nie. Hierdie medisyne is nie bedoel vir die diagnose, behandeling, genesing of voorkoming van enige siekte nie.

SKEDULERINGSSTATUS: Ongeskeduleerd

SAMESTELLING: Elke sakkie bevat:

Bestanddele	Per sakkie	*NRV
D-Mannose	2000 mg	-
Bosbessievrugtekwivalent (Vaccinium macrocarpon)	12500 mg	-
van Bosbessie-ekstrak (50:1)	250 mg	-
Probiotiese mengsel (10 stamme)	5 biljoen CFU**	-
Saccharomyces boulardii SB01, Lactocaseibacillus rhamnosus L Ra05, Lactocaseibacillus casei LC89, Lactocaseibacillus paracasei LC86, Lactobacillus acidophilus LA85, Lactiplantibacillus plantarum Lp90, Bifidobacterium breve BBr60, Bifidobacterium longum subsp. longum BL21, Bifidobacterium longum subsp. infantis BI45, Streptococcus salivarius subsp. thermophilus ST81		
* Suid-Afrikaanse Voedingswenwysingswaardes vir persone 4 jaar en ouer		
- Nie vasgestel nie		

Ander bestanddele is: Sitroensuur, Appelsuur, Geurmiddel, Rooibeetsappoeier, Silikondioksied, Xantaangom, Steviablaarekstrak en Monniksvrugteekstrak.

Allergene: Vervaardig in 'n fasiliteit wat eiers, koeimelk, soja, koring (gluten), grondboontjies en boomneute verwerk.

FARMAKOLOGIESE KLASSIFIKASIE:

34.12 Kategorie D (Gesondheidsaanvuller) [S0]

FARMAKOLOGIESE WERKING: Gesondheidsaanvuller

INDIKASIES: Aangedui as 'n aanvulling waar swak dieetinname van die genoemde aktiewe bestanddele voorkom.

KONTRA-INDIKASIES:

- Hipersensitiwiteit vir enige van die bestanddele.

WAARSKUWINGS EN SPESIALE

VOORSORGMAATREËLS:

- Groot dosisse mag lei tot maag-darmongemak.
- Raadpleeg jou gesondheidsorgverskaffer voor gebruik indien jy swanger is, borsvoed, immuunonderdruk is of medikasie gebruik.
- Indien simptome voortduur, raadpleeg 'n gesondheidsorgpraktisyn.

INTERAKSIES:

Geen bekende interaksies teen die aanbevole dosis.

DOSIS EN GEBRUIKSAANWYSINGS:

Die aanbevole gebruik is:

Volwassenes: Los 1 sakkie in water op en neem een keer daaglik, verkieslik op dieselfde tyd elke dag. Vir addisionele ondersteuning, neem 1 sakkie twee keer per dag vir tot 3 dae. Drink voldoende water. Moenie 2 sakkies per dag oorskry nie. Indien simptome voortduur, raadpleeg 'n gesondheidsorgpraktisyn. Raadpleeg 'n gesondheidsorgpraktisyn voordat hierdie produk vir langer as 6 maande gebruik word.

MOONTLIKE NEWE-EFFEKTE EN SPESIALE VOORSORGMAATREËLS:

Hierdie aanvulling moet met versigtigheid gebruik word by individue met die volgende mediese toestande:

- Individue met bekende sensitiviteit vir enige van die bestanddele moet hierdie aanvulling met versigtigheid gebruik.
- Maag-darmongemak soos opgeblasenheid, naarheid, maagongemak of diarree kan by sensitiewe individue voorkom.
- Individue met aanhoudende urinêre simptome moet 'n gesondheidsorgpraktisyn raadpleeg.

BEKENDE SIMPTOME VAN OORDOSERING EN BESONDERHEDE VAN DIE BEHANDELING DAARVAN:

In geval van 'n toevallige oordosis, staak die gebruik en soek onmiddellik mediese hulp. Behandeling is simptomaties en ondersteunend. Simptome van oordosering kan maag-darmongemak, opgeblasenheid, naarheid of diarree insluit.

IDENTIFIKASIE:

Bosbessiegegeurde poeiersakkie.

AANBIEDING:

Verpak as 'n gedrukte boks met 'n peutervaste seël, gemerk met duidelike, gedetailleerde inligting wat op die boks gedruk is. Die inhoud bestaan uit 30 sakkies van 6 g elk, met 'n totale inhoud van 180 g.

BERGINGSAAANWYSINGS:

Bêre op 'n koel, droë plek onder 25 °C. Moenie die houertyd oop laat.

HOU BUITE BEREIK VAN KINDERS

REGISTRASIE NOMMER:

Word ge-allokeer.

NAAM EN BESIGHEIDS ADRES VAN DIE APPLIKANT:
Vitatech

Address: Cnr Parkin & Delson Street

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DATUM VAN PUBLIKASIE VAN HIERDIE PASIËNT INLIGTING PAMFLET:

Mei 2026

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DISCLAIMER: This medicine has not been evaluated by SAHPRA. This medicine is not intended to diagnose, treat, cure, or prevent any disease. Read all this leaflet carefully because it contains important information for you. This medicine is available without a doctor's prescription, for you to use as a vitamin supplement. Nevertheless, you still need to use it carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- You must go see a doctor if you experience worrying symptoms.

SCHEDULING STATUS: Unscheduled
CONTAINS: Each sachet contains:

Ingredients	Per sachet	*NRV
D-Mannose	2000 mg	-
Cranberry fruit equivalent	12500 mg	-
from Cranberry Extract	250 mg	-
Probiotic Blend (10 strains)	5 billion CFU**	-
Saccharomyces boulardii SB01, Lactocaseibacillus rhamnosus LRa05, Lactocaseibacillus casei LC89, Lactocaseibacillus paracasei LC86, Lactobacillus acidophilus LA85, Lactiplantibacillus plantarum Lp90, Bifidobacterium breve BBr60, Bifidobacterium longum subsp. longum BL21, Bifidobacterium longum subsp. infantis BI45, Streptococcus salivarius subsp. thermophilus ST81		
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Allergens: Manufactured in a facility that processes eggs, cow's milk, soy, wheat (gluten), peanuts and tree nuts.

WHAT IS THIS SUPPLEMENT USED FOR:

UTI Support is formulated to support:

- Urinary tract health
- Healthy bladder function
- Microbiome balance
- Natural urinary defence.
- Daily urinary wellness
- Vaginal and gut flora balance

D-Mannose helps support the body's natural urinary cleansing process by helping reduce bacterial adhesion to the bladder wall. Cranberry extract helps maintain a healthy urinary environment, while the targeted probiotic blend supports microbial balance important for long-term urinary wellness.

BEFORE YOU TAKE THIS SUPPLEMENT:

Do not take if you are allergic to any of the ingredients. Take special care when taking any supplement:

- Do not exceed the daily recommended amount.

- Seek professional advice if suffering from any **allergies**.
- Seek professional advice if **any other medications** are being taken or another medical condition is present.
- If you are taking other supplements, read the label as these supplements may contain the same ingredients.
- If you are **pregnant or breast feeding** your baby, please consult your health care provider for advice before taking this medicine.
- This supplement should not impair or affect your ability to **drive or operate heavy machinery**.

TAKING/USING OTHER MEDICATION:

There are no known interactions at the recommended dosage for healthy individuals.

HOW TO TAKE:

The recommended usage is:

Adults: Dissolve 1 sachet in water and take once daily, preferably at the same time each day. If additional support is required, take 1 sachet twice daily for up to 3 days. Drink enough water. Do not exceed 2 sachets per day. If symptoms persist, consult a healthcare professional. Consult a healthcare professional before using longer than 6 months.

IF YOU TAKE MORE THAN YOU SHOULD:

In the event of an overdose, consult your doctor or pharmacist immediately. If neither is available, contact the nearest hospital or medical centre. Treatment is symptomatic and supportive.

POSSIBLE SIDE EFFECTS:

These supplements are generally well tolerated when taken as directed.

Possible side effects may include:

- bloating
- nausea
- stomach discomfort
- diarrhoea

If you experience any unusual or severe side effects, discontinue use and seek medical attention.

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(180 g)**

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- Moenie die pamflet weggooi nie, dit mag dalk nodig wees om dit weer te lees
- Vra jou apteker indien jy meer inligting of advies nodig het
- Besoek die dokter indien daar kommerwekkende simptome is.

SKEDULERINGSSTATUS: Ongeskeduleerd

SAMESTELLING: Elke sakkie bevat:

Bestanddele	Per sakkie	*NRV
D-Mannose	2000 mg	-
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Allergene: Vervaardig in 'n fasiliteit wat eiers, koemelk, soja, koring (gluten), grondboontjies en boomneute verwerk.

WAARVOOR WORD HIERDIE AANVULLING GEBRUIK:

UTI Support is geformuleer om die volgende te ondersteun:

- Urinêre gesondheid
- Gesonde blaasfunksie
- Mikrobiomabalans
- Natuurlike urinêre verdediging
- Daaglikse urinêre welstand
- Vaginale en dermfloralabalans

D-Mannose help om bakteriese aanhegting aan die blaaswand te verminder. Bosbessie-ekstrak en probiotika help om 'n gesonde urinêre omgewing en mikrobiële balans te ondersteun.

Voordat jy hierdie aanvulling neem:

Moenie dit inneem as jy allergies is vir enige van die bestanddele nie.

Wees versigtig wanneer jy enige aanvulling gebruik:

- Moet nie die daaglikse aanbevole hoeveelheid oorskry nie.
- Raadpleeg 'n professionele persoon as jy aan enige **allergieë** ly.
- Raadpleeg 'n professionele persoon indien jy medikasie gebruik of 'n mediese toestand het.
- Ander aanvullings mag dieselfde bestanddele bevat.
- As jy **swanger is of jou baba borsvoed**, raadpleeg asseblief jou gesondheidsorgverskaffer vir advies voordat jy hierdie medisyne gebruik.
- Hierdie aanvulling behoort nie bestuur of masjineriegebruik te beïnvloed nie.

INTERAKSIES MET ANDER MEDISYNE:

Daar is geen bekende interaksies by die aanbevole dosis vir gesonde individue nie.

HOE OM DIT TE GEBRUIK:

Die aanbevole gebruik is:

Volwassenes: Los 1 sakkie in water op en neem daaglik. Vir addisionele ondersteuning, neem 1 sakkie twee keer per dag vir tot 3 dae. Drink voldoende water. Moenie 2 sakkies per dag oorskry nie. Raadpleeg 'n gesondheidsorgpraktisyn indien simptome voortduur of voor gebruik langer as 6 maande.

AS JY MEER NEEM AS WAT JY MOET:

In geval van 'n oordosis, raadpleeg onmiddellik jou dokter of apteker. As hulle nie beskikbaar is nie, kontak die naaste hospitaal of mediese sentrum. Behandeling is simptomaties en ondersteunend.

MOONTLIKE NEWE-EFFEKTE:

Hierdie aanvullings word gewoonlik goed verdra wanneer dit soos aangedui gebruik word.

Moontlike newe-effekte kan insluit:

- opgeblasenheid
- naarheid
- maagongemak
- diarree

Indien jy enige ongewone of ernstige newe-effekte ervaar, staak gebruik en verkry mediese hulp.

IDENTIFIKASIE:

Bosbessiegeurde poeiersakkie.

AANBIEDING:

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BERIGINGSAAFWYSINGS:

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REGISTRASIE NOMMER:

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NAAM EN BESIGHEIDS ADRES VAN DIE APPLIKANT:

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Mei 2026