

PROPRIETARY NAME AND DOSAGE FORM:

IMMUNE BOOST TABLETS (30)

DISCLAIMER: This medicine has not been evaluated by SAHPRA for its quality, safety or intended use. This medicine is not intended to diagnose, treat, cure, or prevent any disease.
SCHEDULING STATUS: Unscheduled

COMPOSITION: Each tablet contains:

Ingredients	Elemental value	*NRV
Lion's Maine Extract (10% Polyphenols) - Hericium erinaceus (Bull.)Per (Parts: Fruit)	100 mg	-
Elderberry Extract (15% Polyphenols) - Sambucus nigra (LINN) (Parts: Fruit)	100 mg	-
Turmeric Extract 95% - Curcuma longa (LINN.)	100 mg	-
Echinacea Leaf Extract 4:1 - Echinacea purpurea (L.) Moench (Parts: Leaf)	50 mg	-
Ginger Root Powder - Zingiber officinale Roscoe (Parts: Root)	50 mg	-
* South African Nutrient reference values for individuals 4 years and older - Not established		

Other Ingredients: Microcrystalline cellulose, magnesium stearate, silicon dioxide & coating.

PHARMACOLOGICAL CLASSIFICATION:

34.13 Category D (Health Supplement) [S0]

PHARMACOLOGICAL ACTION: Health supplement.

INDICATIONS: Indicated as a supplement where poor dietary intake of the listed active ingredients exist.

CONTRA-INDICATIONS:

- Hypersensitivity to any of the ingredients.

WARNINGS AND SPECIAL PRECAUTIONS:

- Large doses may give rise to stomach upset or gastrointestinal discomfort.

INTERACTIONS:

Interactions between medications and the ingredients in this supplement are minimal, but healthcare professionals should be aware of potential effects:

Medicines that could interact with Immune Boost are:

- Anticoagulants/Antiplatelet Drugs: Ginger may have mild antiplatelet effects. Caution is advised when used concurrently, especially in patients taking anticoagulant medications like warfarin.
- Anti-diabetic Medications: Turmeric may lower blood sugar levels. Patients on anti-diabetic medications should monitor their blood glucose levels carefully when taking this supplement.

DOSAGE AND DIRECTIONS FOR USE:

The recommended usage is:

- Adults take 1 tablet daily with meals.

Do not exceed the recommended dose. This product should not be used as a substitute for a balanced diet.

SIDE EFFECTS AND SPECIAL PRECAUTIONS:

This supplement should be used with caution in individuals with the following medical conditions:

- Allergic Reactions: Individuals allergic to any ingredients in this supplement should avoid it. Allergic reactions may include skin rashes, itching, or gastrointestinal discomfort.
- Bleeding Disorders: Ginger may have mild antiplatelet effects. Patients with bleeding disorders should use ginger-containing supplements cautiously.

KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT:

In case of an accidental overdose, discontinue use and seek medical professional assistance immediately. Treatment is symptomatic and supportive.

Symptoms overdose may include:

stomach discomfort, nausea, or diarrhoea.

IDENTIFICATION:

Orange oblong pressed tablet.

PRESENTATION:

Packaged as a printed box with tamperproof seal, labelled with clear, detailed information printed on the box. Contents are 3 blister packs of 10 oblong tablets each, containing 30 tablets in total.

STORAGE INSTRUCTIONS:

Store in a cool, dry place below 25 °C. Do not leave container open.

KEEP OUT OF REACH OF CHILDREN.

REGISTRATION NUMBER:

To be allocated.

NAME AND BUSINESS ADDRESS OF THE HOLDER OF THE CERTIFICATE OF REGISTRATION:

Vitatech

Physical address: Cnr Parkin & Delson Street

North End, Gqeberha, 6001, South Africa.

Tel: 041 816 3100

Email: ask@vitatechhealth.com

Website: www.vitatechhealth.com

DATE OF PUBLICATION OF THE PACKAGE INSERT:

July 2023

vitatech® NAPPI CODE:

3001491001

Claim it from your medical aid.

HANDELSNAAM EN DOSERINGSVORM:

IMMUNE BOOST TABLETTE (30)

VRYWARING: Hierdie medisyne is nie deur SAHPRA geëvalueer ten opsigte van die kwaliteit, veiligheid of beoogde gebruik daarvan nie. Hierdie medisyne is nie bedoel vir die diagnoseering, behandeling, genesing of voorkoming van enige siekte nie.

SKEDULERINGSSTATUS: Ongeskeduleerd

SAMESTELLING: Elke tablet bevat:

Bestanddele	Elementeel waarde	*NRV
Lion's Maine-ekstrak (10% Polifenole) - Hericium erinaceus (Bull.)Per (Dele: Vrugte)	100 mg	-
Vlierbessie-ekstrak (15% Polifenole) - Sambucus nigra (LINN) (Dele: Vrugte)	100 mg	-
Borrie Ekstrak 95% - Curcuma longa (LINN.)	100 mg	-
Echinacea-Blad Ekstrak 4:1 - Echinacea purpurea (L.) Moench (Dele: Blad)	50 mg	-
Gemmerwortel poeier - Zingiber officinale Roscoe (Dele: Wortel)	50 mg	-
* Suid Afrikaanse Voedings verwysingswaardes vir persone 4 jaar en ouer - Nie vasgestel nie		

Ander bestanddele is: Mikrokristallyn sellulose, magnesiumstearaat, silikoondioksied & omhulsel

FARMAKOLOGIESE KLASSIFIKASIE:

34.13 Kategorie D (Gesondheidsaanvuller) [S0]

FARMAKOLOGIESE WERKING: Gesondheidsaanvuller

INDIKASIES: Aangedui as 'n aanvulling waar swak dieetname van die genoemde aktiewe bestanddele voorkom.

KONTRA-LNDIKASIES:

- Hipersensitiwiteit vir enige van die bestanddele.

WAASKUWINGS EN SPESIALE VOORSORGMATREËLS:

- Groot dosisse mag moontlik maagprobleme of gastro-intestinale ongemak veroorsaak.

INTERAKSIES:

Interaksies tussen medikasie en die bestanddele in hierdie aanvulling is minimaal, maar gesondheidsorgprofessionals moet bewus wees van moontlike effekte:

Medisyne wat kan interageer met Immune Boost is:

- Antikoagulante / Antitrombosiemedikasie: Gemmer kan ligte antiplatelet-effekte hê. Versigtigheid word aanbeveel wanneer dit saam gebruik word, veral by pasiënte wat antikoagulante medikasie soos warfarien neem.
- Antidiabetiese medikasie: Kurkuma kan bloedsuikervlakke verlaag. Pasiënte wat antidiabetiese medikasie gebruik, moet hul bloedglukosevlakke sorgvuldig monitor wanneer hulle hierdie aanvulling neem.

DOSIS EN GEBRUIKSAANWYSINGS:

Die aanbevole gebruik is:

- Volwassenes neem daaglik 1 tablet saam met etes.

Moenie die aanbevole dosis oorskry nie. Die produk moenie 'n gebalanseerde dieet vervang nie.

MOONTLIKE NEWE-EFFEKTE EN SPESIALE VOORBERGING:

Hierdie aanvulling moet met versigtigheid gebruik word by individue met die volgende mediese toestande:

- Allergiese Reaksies: Individue wat allergies is vir enige bestanddele in hierdie aanvulling, moet dit vermy. Allergiese reaksies mag veluitslag, jeuk of gastro-intestinale ongemak insluit.
- Bloedingsversteurings: Gemmer mag ligte antiplatelet-effekte hê. Pasiënte met bloedingsversteurings moet voorbehoedmiddels wat gemmer bevat versigtig gebruik.

BEKENDE SIMPTOME VAN OORDOSERING EN BESONDERHEDE VAN DIE BEHANDELING DAARVAN

In geval van 'n toevallige oordosis, staak die gebruik en soek onmiddellik mediese hulp. Behandeling is simptomaties en ondersteunend.

Simptome van 'n oordosis kan insluit:

- maagongemak, naarheid of diarree.

IDENTIFIKASIE:

Oranje langwerpige gedrukte tablet.

AANBIEDING:

Verpak as 'n gedrukte boks met 'n verseëelde sertifikaat, gemerk met duidelike, gedetailleerde inligting wat op die boks gedruk is. Die inhoud bestaan uit 3 blaaspakke met elk 10 langwerpige tablette, wat 'n totaal van 30 tablette bevat.

BERGINGSAAANWYSINGS:

Bêre op 'n koel, droë plek onder 25 °C. Moenie die houer oop laat. HOU BUITE BEREIK VAN KINDERS

REGISTRASIE NOMMER:

Word ge-allokeer.

NAAM EN BESIGHEIDS ADRES VAN DIE APPLIKANT:

Vitatech

Adress: Cnr Parkin & Delson Street

North End, Gqeberha, 6001, Suid Afrika.

Tel: 041 816 3100

E-pos: ask@vitatechhealth.com

Webwerf: www.vitatechhealth.com

DATUM VAN PUBLIKASIE VAN HIERDIE PASIËNT INLIGTING

PAMFLET:

Julie 2023

vitatech® NAPPI CODE:

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PROPRIETARY NAME AND DOSAGE FORM:

IMMUNE BOOST TABLETS (30)

DISCLAIMER: This medicine has not been evaluated by SAPHRA. This medicine is not intended to diagnose, treat, cure, or prevent any disease.

Read all this leaflet carefully because it contains important information for you. This medicine is available without a doctor's prescription, for you to use as a vitamin supplement. Nevertheless, you still need to use it carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- You must go see a doctor if you experience worrying symptoms.

SCHEDULING STATUS: Unscheduled

CONTAINS: Each tablet contains:

Ingredients	Elemental value	*NRV
Lion's Mane Extract (10% Polyphenols) - Hericium erinaceus (Bull.)Per (Parts: Fruit)	100 mg	-
Elderberry Extract (15% Polyphenols) - Sambucus nigra (LINN) (Parts: Fruit)	100 mg	-
Turmeric Extract 95% - Curcuma longa (LINN.)	100 mg	-
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* South African Nutrient reference values for individuals 4 years and older - Not established		

Other ingredients: Microcrystalline cellulose, magnesium stearate, silicon dioxide & coating.

WHAT IS THIS SUPPLEMENT USED FOR:

This supplement supports:

Immune System Strength: The combination of Lion's Mane, Elderberry, Echinacea, and Turmeric provides a boost to the immune system, helping the body defend against infections and illnesses.

Enhanced Immune Response: These ingredients enhance the body's ability to respond effectively to pathogens, promoting a more robust immune defence.

Antioxidant Protection: Turmeric and Elderberry provide antioxidant benefits, protecting cells from oxidative stress and supporting overall health.

Healthy Skin and Mucous Membranes: A well-functioning immune system contributes to healthy skin and mucous membranes.

Overall Immune Health and Resilience: Regular use of this supplement can contribute to long-term immune health and resilience against various health challenges.

BEFORE YOU TAKE THIS SUPPLEMENT:

Do not take if you are allergic to any of the ingredients. Take special care when taking any supplement:

- Do not exceed the daily recommended amount.

- Seek professional advice if suffering from any **allergies**.
- Seek professional advice if **any other medications** are being taken or another medical condition is present.
- If you are taking other supplements, read the label as these supplements may contain the same ingredients.
- If you are **pregnant or breast feeding** your baby, please consult your health care provider for advice before taking this medicine.
- This supplement should not impair or affect your ability to **drive or operate heavy machinery**.

TAKING/USING OTHER MEDICATION:

There are no known interactions at the recommended dosage for healthy individuals. See "PACKAGE INSERT Interactions."

HOW TO TAKE:

The recommended usage is:

- Adults take 1 tablet daily with meals.

IF YOU TAKE MORE THAN YOU SHOULD:

In the event of an overdose, consult your doctor or pharmacist immediately. If neither is available, contact that nearest hospital or medical centre. Treatment is symptomatic and supportive.

POSSIBLE SIDE EFFECTS:

These supplements are generally well-tolerated when taken as directed. Symptoms of overdose may include:

- stomach discomfort, nausea, or diarrhoea.

If you experience any unusual or severe side effects, discontinue use, and seek medical attention.

IDENTIFICATION:

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PRESENTATION:

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IMMUNE BOOST TABLETTE (30)

VRYWARING: Hierdie medisyne is nie deur SAPHRA geëvalueer nie. Hierdie medisyne is nie bedoel om enige siekte te diagnoseer, behandel, genees of voorkom nie.

Lees alle inligting in die inligtingsblad noukeurig , dit bevat belangrike inligting vir die verbruiker. Die medisyne is beskikbaar sonder 'n dokters voorskrif, vir gebruik as 'n vitamien aanvulling. Nieteenstaande, dit is belangrik dat die produk korrek gebruik moet word om die beste resultate te verkry.

- Moenie die 2dvisie2t weggooi nie, dit mag dalk nodig wees om dit weer te lees
- Vra jou apteker indien jy meer inligting of 2dvisie nodig het
- Besoek die dokter indien daar kommerwekkende simptome is.

SKEDULERINGSSTATUS: Ongeskeduleerd

SAMESTELLING: Elke tablet bevat:

Bestanddele	Elementeel waarde	*NRV
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Anders bestanddele is: Mikrokrystallyn sellulose, magnesiumstearaat, silikoondioksied & omhulsel

WAARVOOR WORD HIERDIE AANVULLING GEBRUIK:

Hierdie aanvulling ondersteun:

- Immuunstelselsterkte: Die kombinasie van Lion's Mane, Elderberry, Echinacea en Turmeric bied 'n stoot vir die immuunstelsel, wat die liggaam help om teen infeksies en siektes te verdedig.
- Verbeterde Immunerespons: Hierdie bestanddele verbeter die liggaam se vermoë om effektief te reageer op patogene, wat 'n sterker immuunverdediging bevorder.
- Antioksidantbeskerming: Kurkuma en Elderberry bied antioksidantvoordele, wat selle teen oksidatiewe stres beskerm en algehele gesondheid ondersteun.
- Gesonde vel en slymvlies: 'n Goedfunksioneerende immuunstelsel dra by tot 'n gesonde vel en slymvliese.
- Algehele Immungeondheid en Weerbaarheid: Gereelde gebruik van hierdie aanvulling kan bydra tot langtermyn immungeondheid en weerbaarheid teen verskeie gesondheidsuitdagings.

VOORDAT JY HIERDIE AANVULLING NEEM:

Moenie dit inneem as jy allergies is vir enige van die bestanddele nie.

Wees versigtig wanneer jy enige aanvulling gebruik:

- Moet nie die daaglikse aanbevole hoeveelheid oorskry nie.
- Raadpleeg 'n professionele persoon as jy aan enige **allergieë** ly.
- Raadpleeg 'n professionele persoon as enige **ander medikasie** gebruik word of 'n ander mediese toestand teenwoordig is.
- As jy ander aanvullings gebruik, lees die etiket aangesien hierdie aanvullings dieselfde bestanddele kan bevat.
- As jy **swanger is of jou baba borsvoed**, raadpleeg asseblief jou gesondheidsorgverskaffer vir advies voordat jy hierdie medisyne gebruik.
- Hierdie aanvulling behoort nie jou vermoë om te **bestuur of swaar masjinerie** te bedryf nie, te benadeel of te beïnvloed nie.

INTERAKSIËS MET ANDER MEDISYNE:

Daar is geen bekende interaksies by die aanbevole dosis vir gesonde individue nie. Verwys na die « VOUBILJET interaksies »

HOE OM DIT TE GEBRUIK:

Die aanbevole gebruik is:

- Volwassenes neem daaglik 1 tablet saam met etes.

AS JY MEER NEEM AS WAT JY MOET:

In geval van 'n oordosis, raadpleeg onmiddellik jou dokter of apteker. As hulle nie beskikbaar is nie, kontak die naaste hospitaal of mediese sentrum. Behandeling is simptome en ondersteunend.

MOONTLIKE NEWE-EFFEKTE:

Hierdie aanvullings word gewoonlik goed verdra as dit soos voorgeskryf geneem word. Simptome van 'n oordosis kan insluit:

- maagongemak, naardeel van diarree.

IDENTIFIKASIE:

Oranje langwerpige gedrukte tablet.

AANBIEDING:

Verpak as 'n gedrukte boks met 'n verskeide sertifikaat, gemerk met duidelike, gedetailleerde inligting wat op die boks gedruk is. Die inhoud bestaan uit 3 blaaspakke met elk 10 langwerpige tablette, wat 'n totaal van 30 tablette bevat.

BERGINGSAAANWYSINGS:

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HOU BUIE BEREIK VAN KINDERS

REGISTRASIE NOMMER:

Word ge-allockeer.

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