

PROPRIETARY NAME AND DOSAGE FORM:

COLLAGEN POWDER (200g)
Unflavoured Hydrolysed Collagen Peptides

DISCLAIMER: This medicine has not been evaluated by SAHPRA for its quality, safety or intended use. This medicine is not intended to diagnose, treat, cure, or prevent any disease.

SCHEDULING STATUS: Unscheduled

TYPICAL NUTRITIONAL INFORMATION (AS PACKED)

Servings Per container: 40

Single Serving size: ±5 g (1 flat scoop)

	Per 100 g	Per 5 g Serving
Energy (kJ)	1564	78
Energy (kcal)	368	18
Protein (g)	92	4.6
Glycaemic carbohydrate (g)	0	0
of which total sugar (g)	0	0
Total Fat (g)	0	0
of which is saturated fat (g)	0	0
Hydrolyzed Collagen (g)	100	5

Ingredients: Peptan® (Edible hydrolysed collagen)

HALAL CERTIFIED AT SOURCE.

PHARMACOLOGICAL CLASSIFICATION:

34.3 Category D (Health Supplement) [S0]

PHARMACOLOGICAL ACTION: Health supplement.

INDICATIONS: Indicated as a supplement where poor dietary intake of the listed active ingredients exist.

CONTRA-INDICATIONS:

- Hypersensitivity to any of the ingredients.

WARNINGS AND SPECIAL PRECAUTIONS:

- Large doses may give rise to gastrointestinal discomfort.

INTERACTIONS:

No known interactions with existing conditions at recommended dose.

DOSAGE AND DIRECTIONS FOR USE:

The recommended usage is:

Mix 1 scoop (approx. 5g) with 250ml liquid of your choice. Can be used in hot and cold drinks.

Do not exceed the recommended dose. This product should not be used as a substitute for a balanced diet.

SIDE EFFECTS AND SPECIAL PRECAUTIONS:

This supplement should be used with caution in individuals with the following medical conditions:

- Individuals with a history of allergies to collagen should exercise caution when using this supplement.
- Individuals with chronic kidney disease or restricted protein intake should consult a healthcare provider as excessive protein intake may exacerbate their condition

KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT:

In case of an accidental overdose, discontinue use and seek medical professional assistance immediately. Treatment is symptomatic and supportive.

Collagen peptide overdose symptoms are not documented.

However, excessive protein intake may lead to digestive discomfort, including bloating and gas.

IDENTIFICATION:

Fine white powder with no distinct taste or odour.

PRESENTATION:

Packaged in a tub with clear all-in-one label and tamperproof seal.

STORAGE INSTRUCTIONS:

Store in a cool, dry place below 25 °C. Do not leave container open.

KEEP OUT OF REACH OF CHILDREN.

REGISTRATION NUMBER:

To be allocated.

NAME AND BUSINESS ADDRESS OF THE HOLDER OF THE CERTIFICATE OF REGISTRATION:

Vitatech

Physical address: Cnr Parkin & Delson Street

North End, Gqeberha, 6001, South Africa.

Tel: 041 816 3100

Email: ask@vitatechhealth.com

Website: www.vitatechhealth.com

DATE OF PUBLICATION OF THE PACKAGE INSERT:

January 2025

vitatech® NAPPI CODE:

3001507001

Claim it from your medical aid.

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Read all this leaflet carefully because it contains important information for you. This medicine is available without a doctor's prescription, for you to use as a vitamin supplement. Nevertheless, you still need to use it carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- You must go see a doctor if you experience worrying symptoms.

SCHEDULING STATUS: Unscheduled

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of which total sugar (g)	0	0
Total Fat (g)	0	0
of which is saturated fat (g)	0	0
Hydrolyzed Collagen (g)	100	5

Ingredients: Peptan® (Edible hydrolyzed collagen)

HALAL CERTIFIED AT SOURCE.

WHAT IS THIS SUPPLEMENT USED FOR:

Collagen supports the following benefits:

- Skin elasticity: Collagen is a key component of skin, helping maintain its firmness and youthful appearance.
- Hair health: May contribute to stronger, healthier hair.
- Nail strength: Can improve the condition of nails.
- Joint health: Collagen supports joint mobility and can alleviate joint discomfort.
- Gut Health: May help improve gut lining integrity and digestive function.
- Muscle Recovery: Can aid in muscle repair and recovery post-exercise.
- May reduce fine lines & wrinkles: Supports overall skin health, potentially reducing visible signs of aging.

BEFORE YOU TAKE THIS SUPPLEMENT:

Do not take if you are allergic to any of the ingredients.

Take special care when taking any supplement:

- Do not exceed the daily recommended amount.
- Seek professional advice if suffering from any **allergies**.

- Seek professional advice if **any other medications** are being taken or another medical condition is present.
- If you are taking other supplements, read the label as these supplements may contain the same ingredients.
- If you are **pregnant or breast feeding** your baby, please consult your health care provider for advice before taking this medicine.
- This supplement should not impair or affect your ability to **drive or operate heavy machinery**.

TAKING/USING OTHER MEDICATION:

There are no known interactions at the recommended dosage for healthy individuals. See "PACKAGE INSERT Interactions."

HOW TO TAKE:

The recommended usage is:

Mix 1 scoop (approx. 5g) with 250ml liquid of your choice. Can be used in hot and cold drinks.

IF YOU TAKE MORE THAN YOU SHOULD:

In the event of an overdose, consult your doctor or pharmacist immediately. If neither is available, contact that nearest hospital or medical centre. Treatment is symptomatic and supportive.

POSSIBLE SIDE EFFECTS:

These supplements are generally well-tolerated when taken as directed. Collagen peptide overdose symptoms are not documented. However, excessive protein intake may lead to digestive discomfort, including bloating and gas. If you experience any unusual or severe side effects, discontinue use, and seek medical attention.

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